

Summary

Strengths

- High volunteerism rate
- Low prevalence of high-risk HIV behaviors
- Low percentage of households experiencing severe housing problems

Challenges

- High prevalence of obesity
- High occupational fatality rate
- None of four climate policies in place

Highlights

Drug Deaths

38% ▲

from 17.4 to 24.0 deaths per 100,000 population between 2020 and 2021.

Mental Health Providers

32% ▲

from 189.7 to 250.2 per 100,000 population between September 2018 and September 2023.

Asthma

18% ▲

from 9.1% to 10.7% of adults between 2017 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		26	0.161	
Community and Family Safety	Homicide (Deaths per 100,000 population)	24	6.4	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	42	5.8	3.9
	Public Health Funding (Dollars per person)	39	\$151	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	29	52	—
	Food Insecurity (% of households)	16	9.6%	11.2%
	Income Inequality (80-20 Ratio)	18	4.45	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	34	30.5%	32.1%
	High School Completion (% of adults ages 25+)	18	92.1%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	38	17.7%	14.0%
	High-Speed Internet (% of households)	18	93.1%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	16	60	—
	Volunteerism (% of population ages 16+)	7	31.5%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	15	62.6%	59.5%
Physical Environment		41	-0.105	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	42	8.9	8.6
	Drinking Water Violations (Average number of violations per community water system)	38	2.4	2.7
	Water Fluoridation (% of population served)	33	65.4%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	28	40.3%	35.5%
	Renewable Energy (% of total electricity generated)*	9	48.0%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	36	20.1%	16.5%
	Severe Housing Problems (% of occupied housing units)	8	12.3%	16.7%
	Transportation Health Risks (% of population)*	4	3.5%	24.0%
Clinical Care		29	-0.091	
Access to Care	Avoided Care Due to Cost (% of adults)	32	10.8%	10.1%
	Dental Care Providers (Number per 100,000 population)	37	55.7	64.6
	Mental Health Providers (Number per 100,000 population)	37	250.2	324.9
	Primary Care Providers (Number per 100,000 population)	20	258.7	232.0
	Uninsured (% of population)	36	8.6%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	24	70.8%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	32	60.0%	61.8%
	Dental Visit (% of adults)	24	66.0%	66.0%
	Flu Vaccination (% of adults)	23	46.2%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	32	60.7%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	19	84.4%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	24	2,576	2,681
Behaviors		31	-0.148	
Nutrition and Physical Activity	Exercise (% of adults)	37	20.8%	23.0%
	Fruit and Vegetable Consumption (% of adults)	33	6.5%	7.4%
	Physical Inactivity (% of adults)	23	23.3%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	29	506.1	495.5
	High-Risk HIV Behaviors (% of adults)	6	5.2%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	34	16.3	13.9
Sleep Health	Insufficient Sleep (% of adults)	24	35.5%	35.5%
Tobacco Use	Smoking (% of adults)	27	14.5%	14.0%
Health Outcomes		27	0.108	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	13	24.0	32.1
	Excessive Drinking (% of adults)	22	18.1%	18.4%
	Frequent Mental Distress (% of adults)	25	15.9%	15.9%
	Non-medical Drug Use (% of adults)	25	14.2%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	25	9,582	9,478
	Premature Death Racial Disparity (Ratio)	27	1.6	1.6
Physical Health	Frequent Physical Distress (% of adults)	12	11.5%	12.4%
	Low Birth Weight (% of live births)	13	7.4%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	43	2.2	2.1
	Multiple Chronic Conditions (% of adults)	23	10.9%	11.2%
	Obesity (% of adults)	34	35.7%	33.6%
Overall		29	0.022	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
— Data not available, missing or suppressed.